

DO IT FOR DADS WALK RUN

FATHER'S DAY, SUNDAY JUNE 16



**Time to get in shape for the 2019 event!
You can help fund prostate cancer research**

We encourage you to go to the Toronto location at Ashbridges Bay Park if you intend to walk or run. If you can't please consider donating to this cause

To register or to donate:

- 1) Follow the link to the Walk Run home page “www.doitfordads.ca”
- 2) In the grey bar, click on “**DONATE/SEARCH**”
- 3) Use Team Search and enter “**PCCN Durham**”
- 4) Click on PCCN Durham and follow the instructions there

You can then simply donate or join the team and raise donations yourself

Note that half of the money raised, or donated, will be available to our group to help cover our operating expenses if needed, such as hall rental costs, website expense and printing materials – but only if it is to the PCCN team

The necessary link is on our **LINKS** page – just click the links tab above